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A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

Manager's Introduction

It brings us great pleasure to welcome you to our latest newsletter! As we witness the first snowdrops in bloom and the daffodils now peeking through the ground, it reminds us that winter is soon to be behind us. We are filled with warmth and enthusiasm as we anticipate longer and lighter days ahead.

While we wait for the spring, we are making the most of all that we have to offer indoors, and outdoors on the milder days. We've planned a range of exciting events that will not only bring us joy but also keep us mentally and physically active. We invite you to join us as we delve into all the ways we've been living life to the fullest.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Ben Co

Home Manager

What's Been Happening?

Good Times

We have certainly been energised with plenty of new opportunities to keep our minds and bodies active; from receiving lovely cuddles from furry and feathered friends to being entertained by some talented musicians, both in Longbridge Deverill and while visiting other places, and so much more…

Animal Visits

Feeling Brave!

Residents had the extraordinary experience of a visit from Zoolab. This workshop incorporated the story of the Chinese New Year, sharing interesting facts and displays of creatures the likes of the African Giant Snail, African Python, a scorpion, a white rat, and many others too. Residents were able to interact by safely touching, holding or just looking at the animal whilst listening to the knowledgeable demonstrator, Emily, as she shared interesting facts about the visiting animals.

Other furry and feathered visitors included two month old lambs, Mango the Silky chicken, Bluebell the pony, Hamish the hamster as well as some lovely cuddly dogs. Having pets in the home can improve self-esteem and confidence, reduce stress levels, decreases blood pressure and offers a way to increase physical activity. Most important of them all, it leaves a warm feeling in your heart.

On the theme of animals, our residents created their own bird feeders during a recent craft class. We can't wait to spot some wildlife in our gardens!

Musical Entertainment

Toes Tapping

Residents enjoyed celebrating Valentine's Day with some nostalgic love-themed songs sung by a lovely entertainer, Freya. Residents also offered their love advice, which was interesting and somewhat humorous too!

Following on with musical entertainment, residents have enjoyed a variety of live music from various musicians. One musician was supplied by the Imperial charity, who kindly donate a free quarterly musical event for our residents. On another occasion, our residents were invited to join another care home to share their musical entertainment, which was thoroughly enjoyed by all who chose to attend.

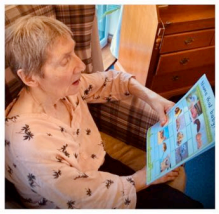
Keeping Busy & Active

Fun & Games

Residents have been encouraged to keep their minds and bodies active, especially at this time when outdoor activity is not too frequent: Residents have enjoyed the musical parachute games, floor games, balloon tennis, as well as doing word searches, word games and quizzes of various sorts.

Puzzles

Word Games



Active Games

Longbridge Deverill Clubs

Creative Creations

At Longbridge Deverill, residents are offered the opportunity to join in regular clubs of different types. Our craft club and gardening activities are always popular and enjoyed, and now, with the visible evidence of their plantings that are sprouting, residents receive much joy and satisfaction from these activities.

Our flower arranging club proves itself to be a success, especially with one of our residents, who was a professional flower arranging demonstrator, showing and sharing her natural skills and talents with the rest of us!

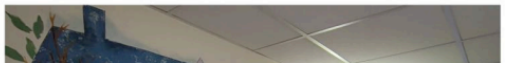
Our knitting club is also offered and sometimes becomes a lovely opportunity for a catch-up natter with a cuppa tea!

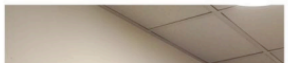
Interactive Art Murals

Always Improving

It has been a heartwarming experience to see the responses of the residents to the new interactive art murals on the walls of the dementia units. Karyn, the activities team lead, with her artistic skills, has created cheerful painted scenes for the residents on the units. While Karyn was painting, many residents were curious and interested in the process, often dancing to the music that was playing, sitting watching, or touching and feeling the painted subjects. Karyn also has included animals who have visited the home, so that the experience becomes more meaningful too.

Karyn has worked with the unit leaders on the dementia units, in creating destination areas and areas that will evoke conversation and reminiscence. Reminiscence, in the form of pictures or visual aids, can be a valuable tool for communication and engagement with people living with dementia, as well as giving that homely feel to a care home.





These dementia-friendly murals help prompt memories, and both residents and families are enjoying seeing the artworks around the home.

Residents Meeting

Your Thoughts Matter

During this quarter, the activities team held a coffee-morning meeting where residents could give feedback on topics and activities of interest or activities that were not preferred. This was an informative and interesting event, which is recognised in ongoing support of residents in their individual interests.

The activities team include regular one-to-one chats, as well as visiting residents with a variety of activity options, for residents who are unable, or chose not to participate in the activities in the home.

Our Facebook Page

Make sure to check out the Longbridge Deverill Facebook Page.

Don't Forget To 'Like' Us!

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Please contact us or leave a review through the link below as we would be happy to receive your comments.

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